

# First Alert<sup>®</sup>

## What you should do in the event of fire

### Have an escape plan

- Plan your escape before a fire happens so that everyone can leave the house as quickly and safely as possible.
- Identify two possible escape routes from every room and plan this with your household present.
- Be sure that your escape plan takes into account the particular characteristics of each member of your family including age, physical conditions, and sleeping habits hearing ability.
- Teach children never to hide under the bed or in a cupboard. Allow children to master fire escape planning and practice before holding a fire drill at night when they are sleeping.
- Practice fire drills and your escape plan with the alarm sounding. This will teach children to associate the alarm signal with the need to escape.
- Meet at pre-arranged spot outside the home, in order that you can be sure that everyone has escaped properly.
- Practice your escape plan at least twice a year.

### Leaving the house

- Don't panic; stay clam.
- Check each of the doors on your primary escape route before opening, if they feel hot do not open, use you alternative escape route.
- Crawl on the floor. Smoke and heat rise so you should keep as close to the floor as possible.
- If your clothes catch on fire, don't run! STOP where you are, cover your face, DROP to the ground, then ROLL over and over to smother the flames.

### Once you have left the house

- Call the fire brigade. Make sure you give your full name and address.
- Never go inside a burning building. Only firemen, have the equipment enabling them to go into a fire.
- Do not panic, stay clam – if you act quickly according to these guidelines you will increase your household's chance of survival in a fire.